



Parenting In The Digital Age

Today's Takeaways

- How do students use technology?
- What we worry about
- Digital Citizenship at ISB
- Tips for parents





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How Do You Think They Use Technology?



Make a prediction



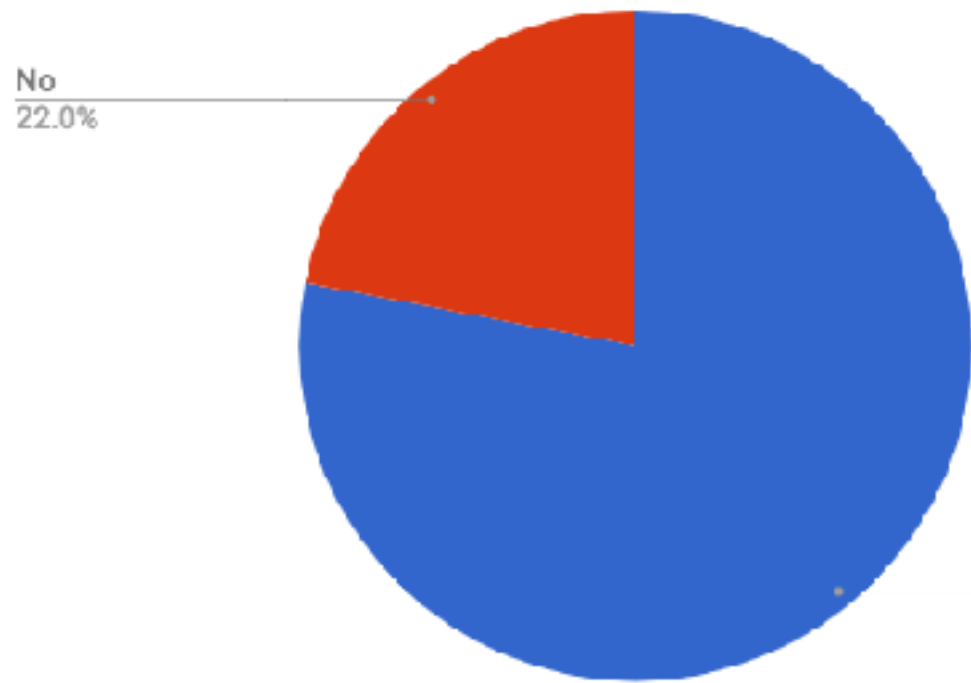
- What social media accounts do students use?
- What websites are most popular?
- How many hours a day, not including school, do students use technology?

Social Media

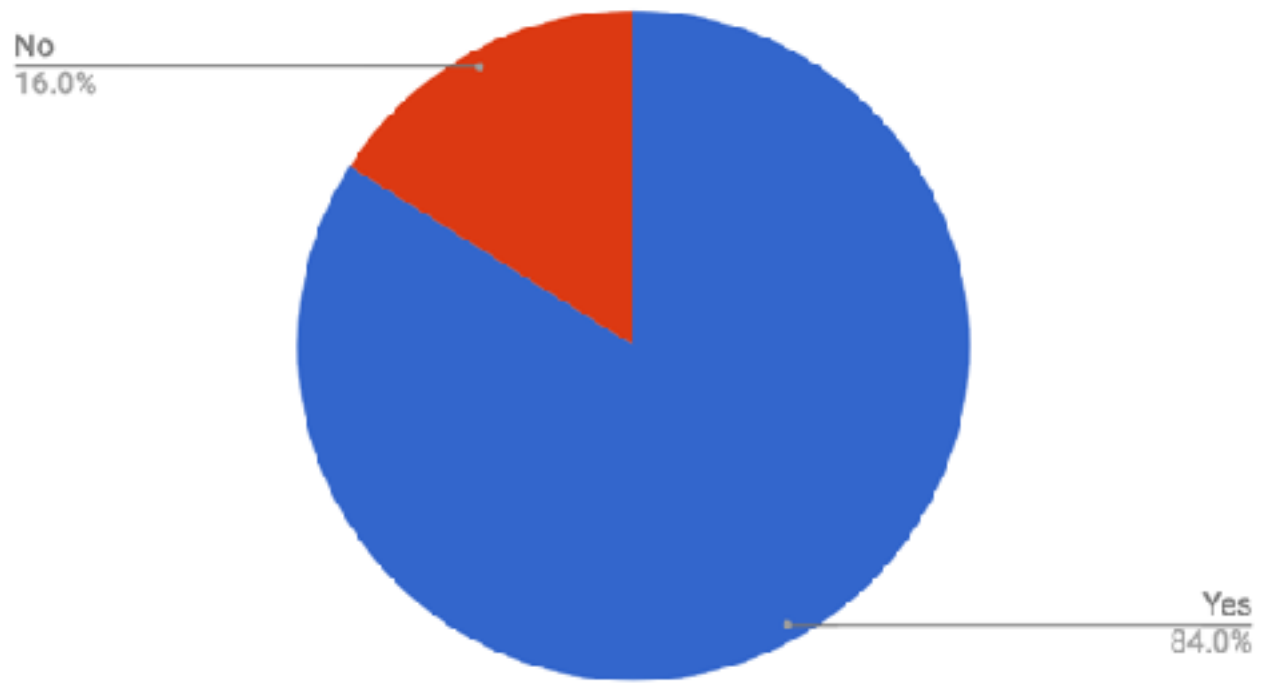
accounts add **app** apply check decode discord email **facebook** facetime
games gmail google hangouts **instagram** kakao
kakaotalk kaokaotalk **line** lot ly media messages messenger minecraft **musical**
needed netflix **none** pinterest pintrest qq roblox school **skype**
snapchat snow social something spotify steam talk tumbler tumblr
twitter viber watsapp **wechat** weibo **youtube**

Who Owns A Smartphone

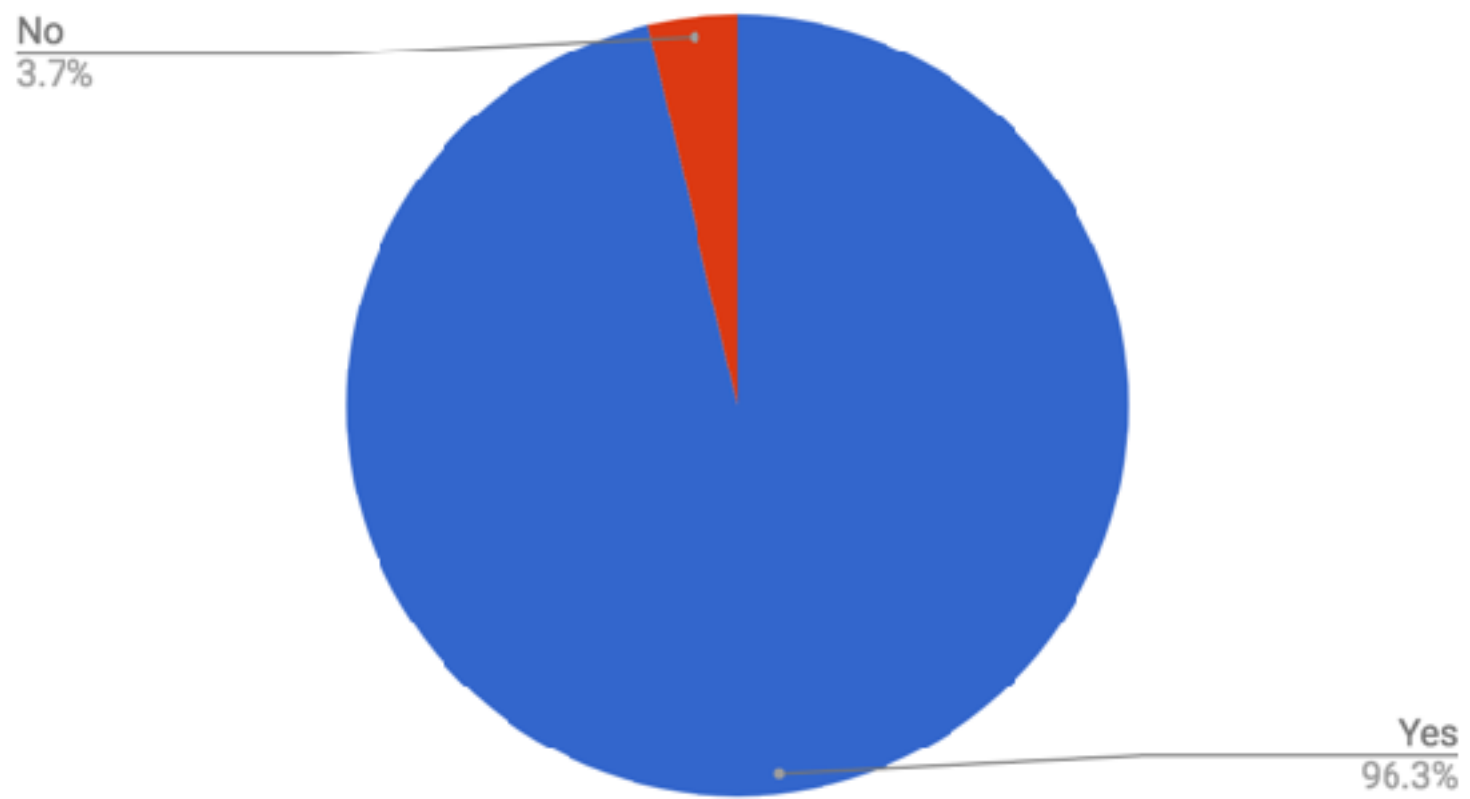
Count of Do you own a smart phone? (Grade 6)



Count of Do you own a smart phone? (Grade 7)



Count of Do you own a smart phone? (Grade 8)



Count of How many hours a day, not including at school, do you use technology such as phones, laptops, gaming consoles, etc.

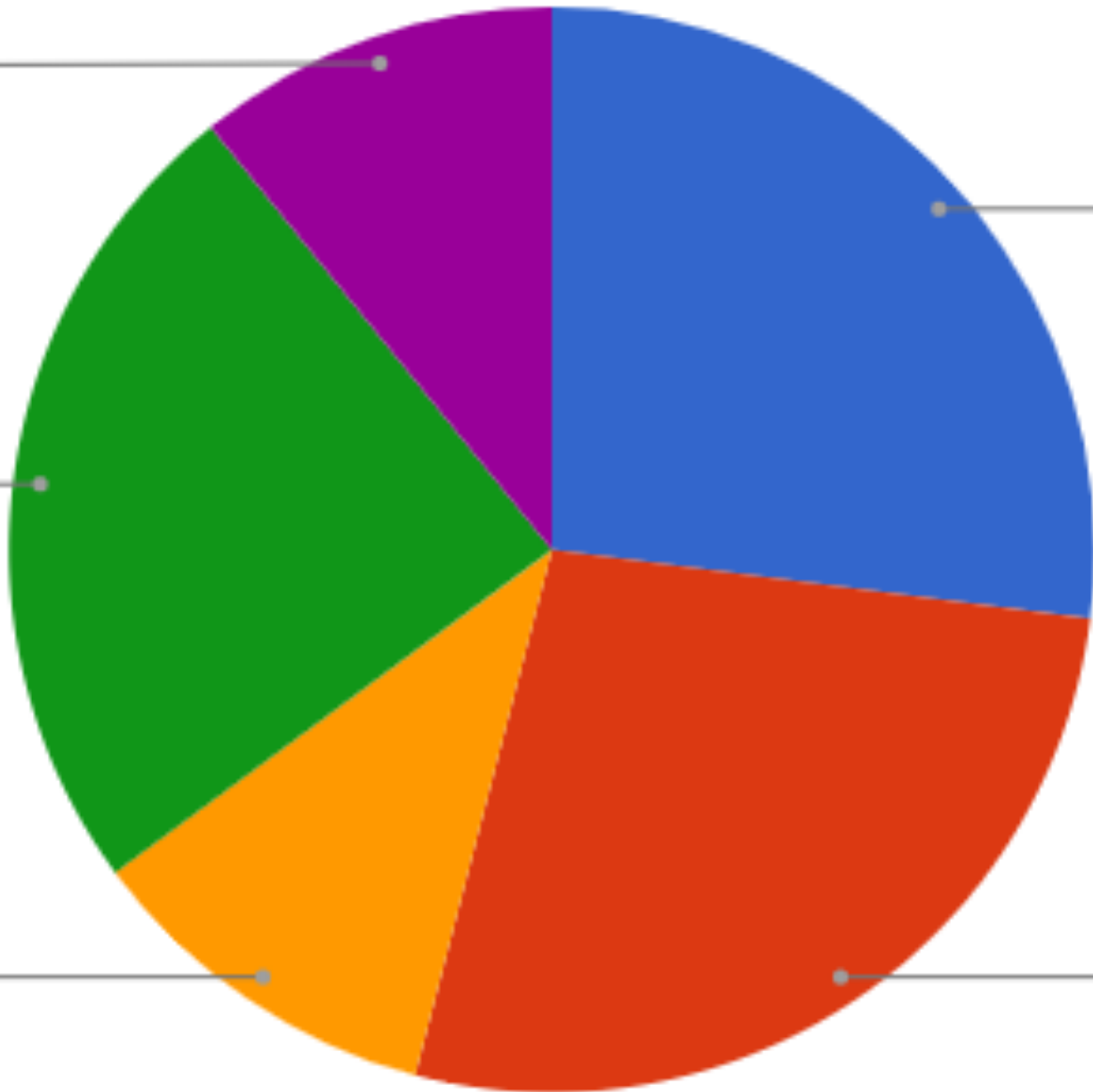
4 hours
10.8%

2 hours
27.0%

3 hours
24.3%

5 or more hours
10.8%

1 hour
27.0%

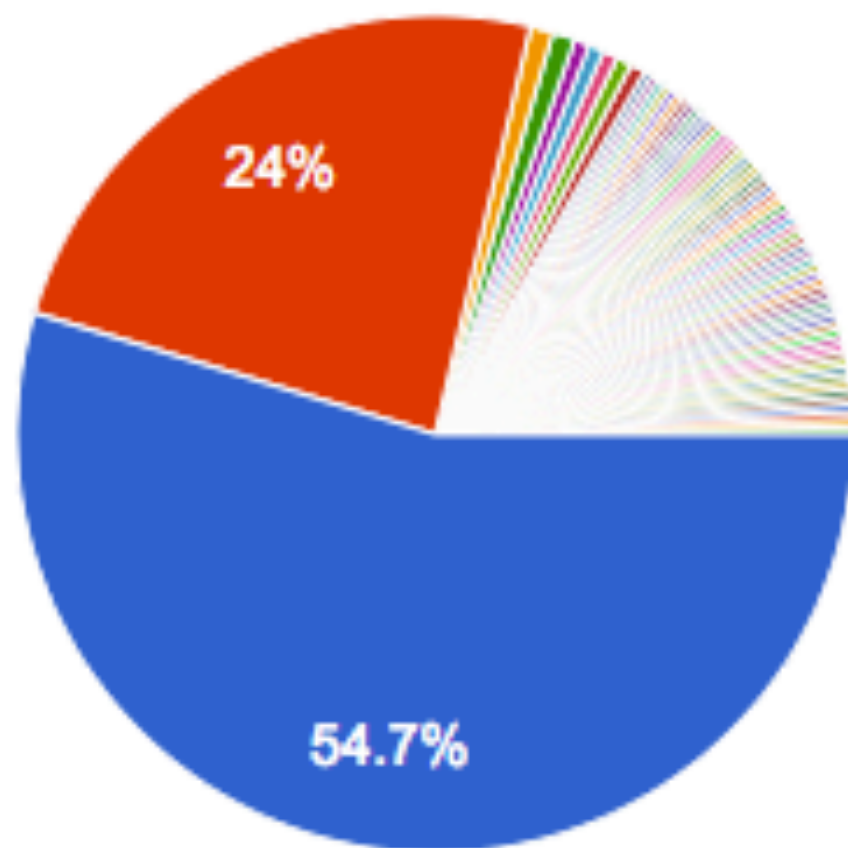


Favorite Websites

amazon anime bbc **buzzfeed** club **com** cool cupcakes discord dont email espn etc
facebook favorite flight friv gag **games** **gmail** **google** hangouts http
idk **instagram** io ixl line ly mail movies music naver **netflix** none
pinterest pintrest powerschool reddit **roblox** slither **snapchat** **steam** tube tumblr
twitter **website** www yesmovies **youtube**

My parents have access to my social media accounts

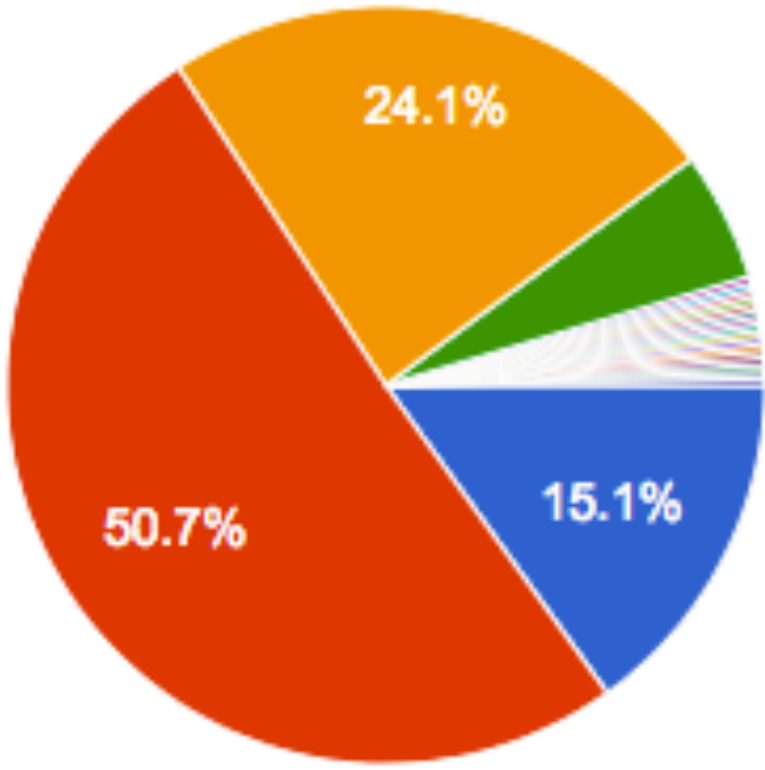
342 responses



- Yes
 - No
 - Some
 - some
 - I don't have social me
 - Both yes and no
 - Kind of
 - Only to Facebook
- ▲ 1/9 ▼

How often do your parents ask about your use of technology and social media?

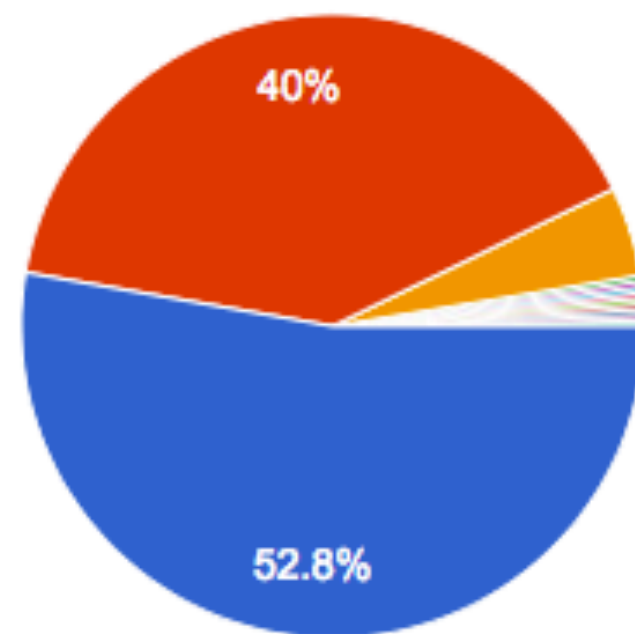
345 responses



- A lot!
 - Sometimes
 - Rarely
 - Never
 - I don't use technology a lot.
 - Most of the times
 - honestly bit personal mate
 - Not much mainly because I don't
- ▲ 1/3 ▼

How often do your parents use technology at home?

345 responses



- A lot!
 - Sometimes
 - Rarely
 - Never
 - Mostly My dad for work but someti...
 - More then sometimes but less the a...
 - More than me
 - How am I supposed to know
- ▲ 1/2 ▼

What We Worry About

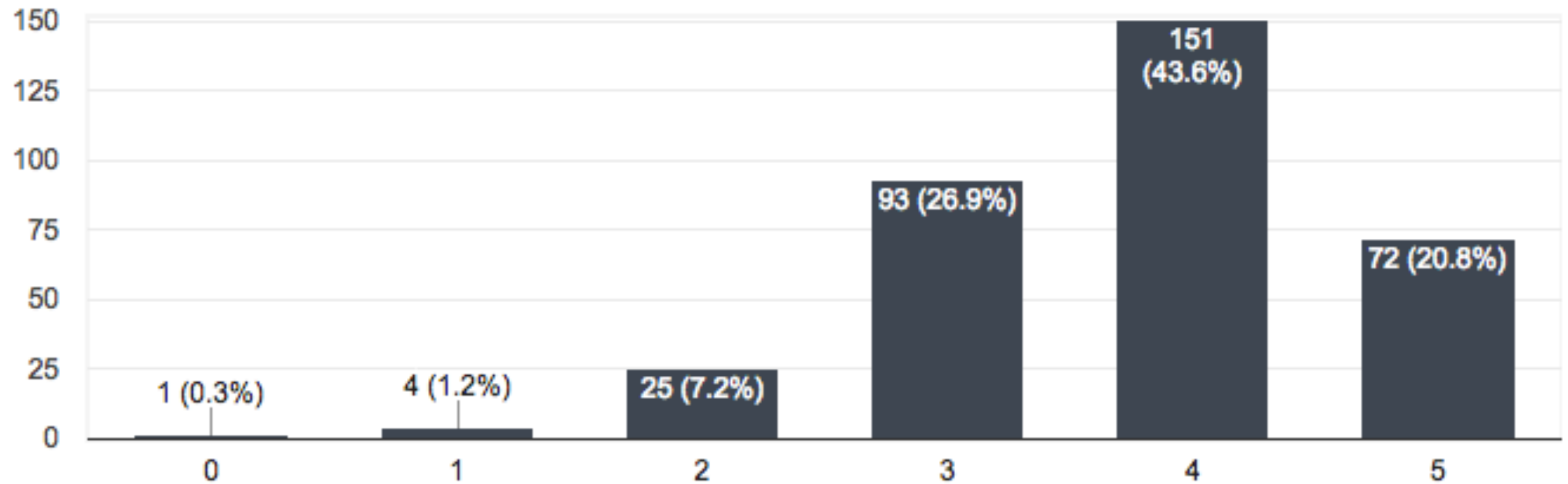


Technology Addiction



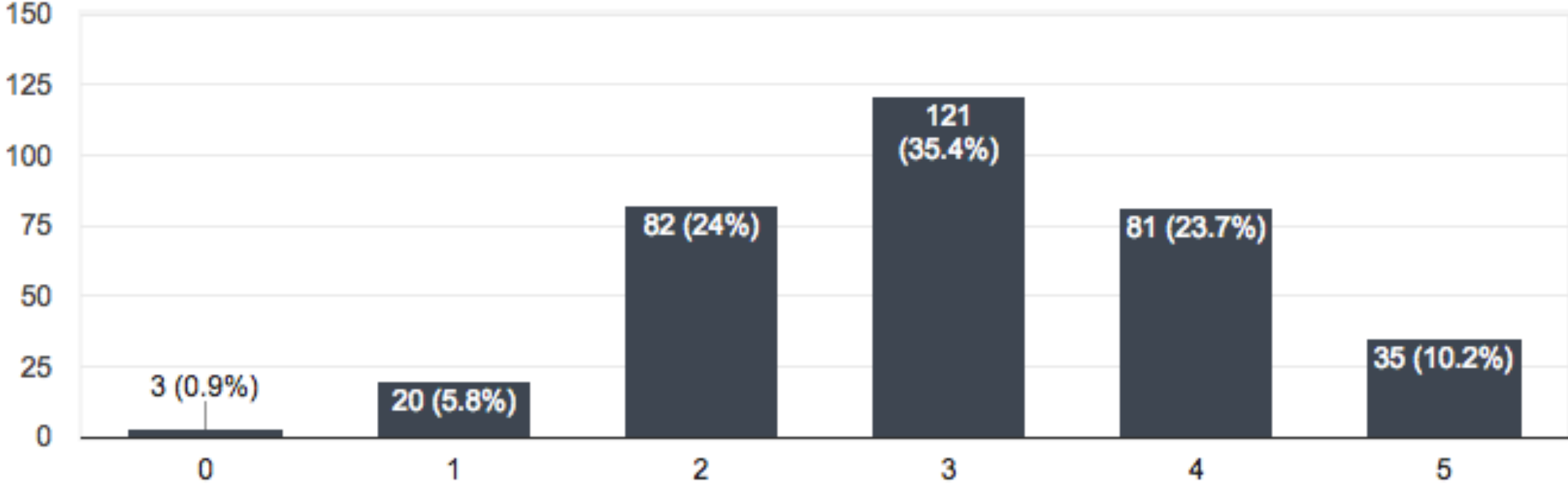
How addicted do you think most people your age are to technology?

346 responses



How addicted do you think most adults (parents, teachers, etc.) are to technology?

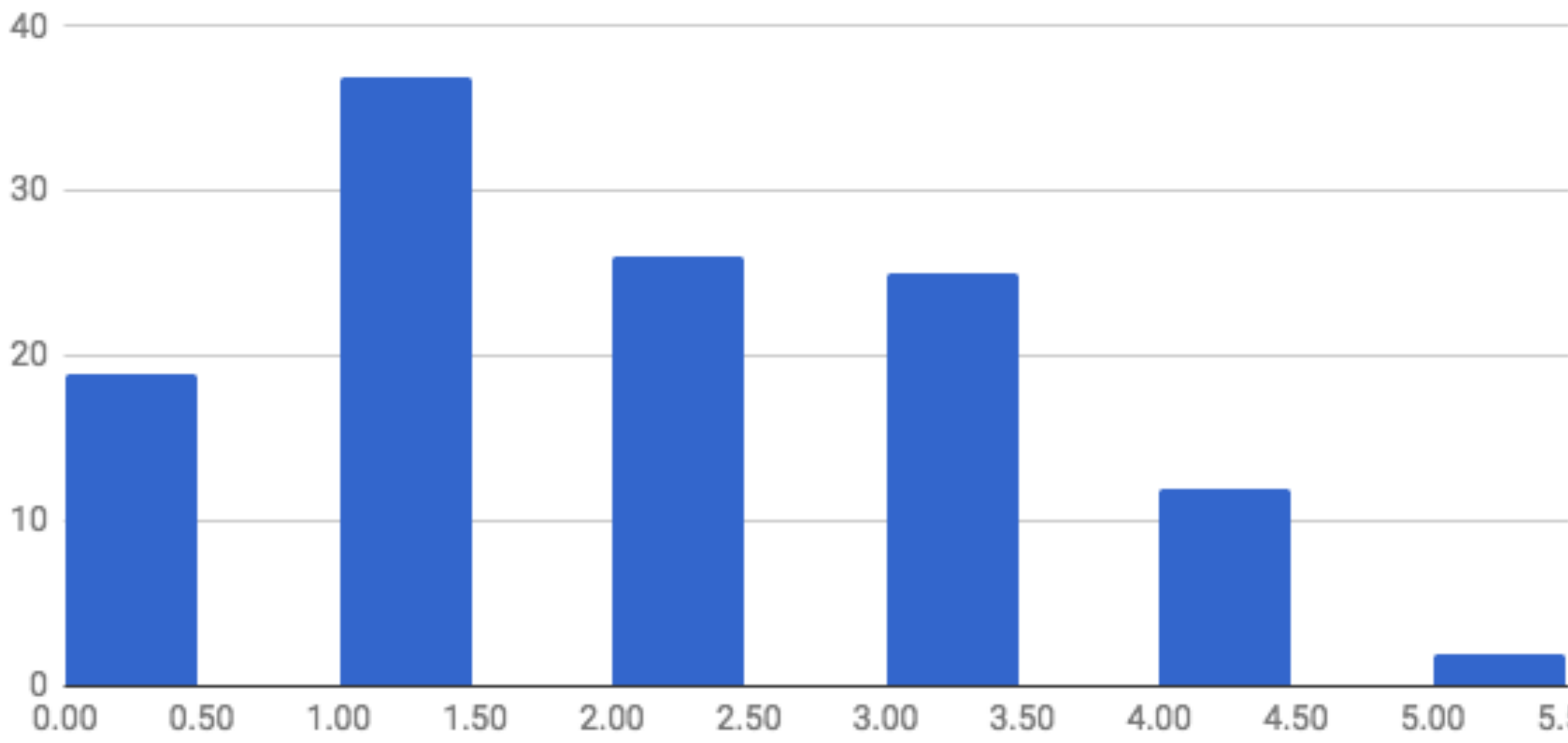
342 responses



CyberBullying



Histogram of How often do you think cyberbullying happens among students at ISB?



How often do you think cyberbullying happens among students at ISB?



Create a
positive
Digital
Footprint



Digital Citizenship @ ISB



ISB Values



Care | Integrity | Commitment | Gratitude | Courage |
Balance | Respect | Responsibility



SelfControl

A free Mac application to help you avoid distracting websites.

[Download SelfControl](#)

v2.2.1, for Mac OS X 10.7+

Users of older OS versions can [download SelfControl 1.5.1](#) for Mac OS X 10.5+.

**Work Sprints With
Self Control App**



Tips For Parents



Avoid This

Try Lots of This

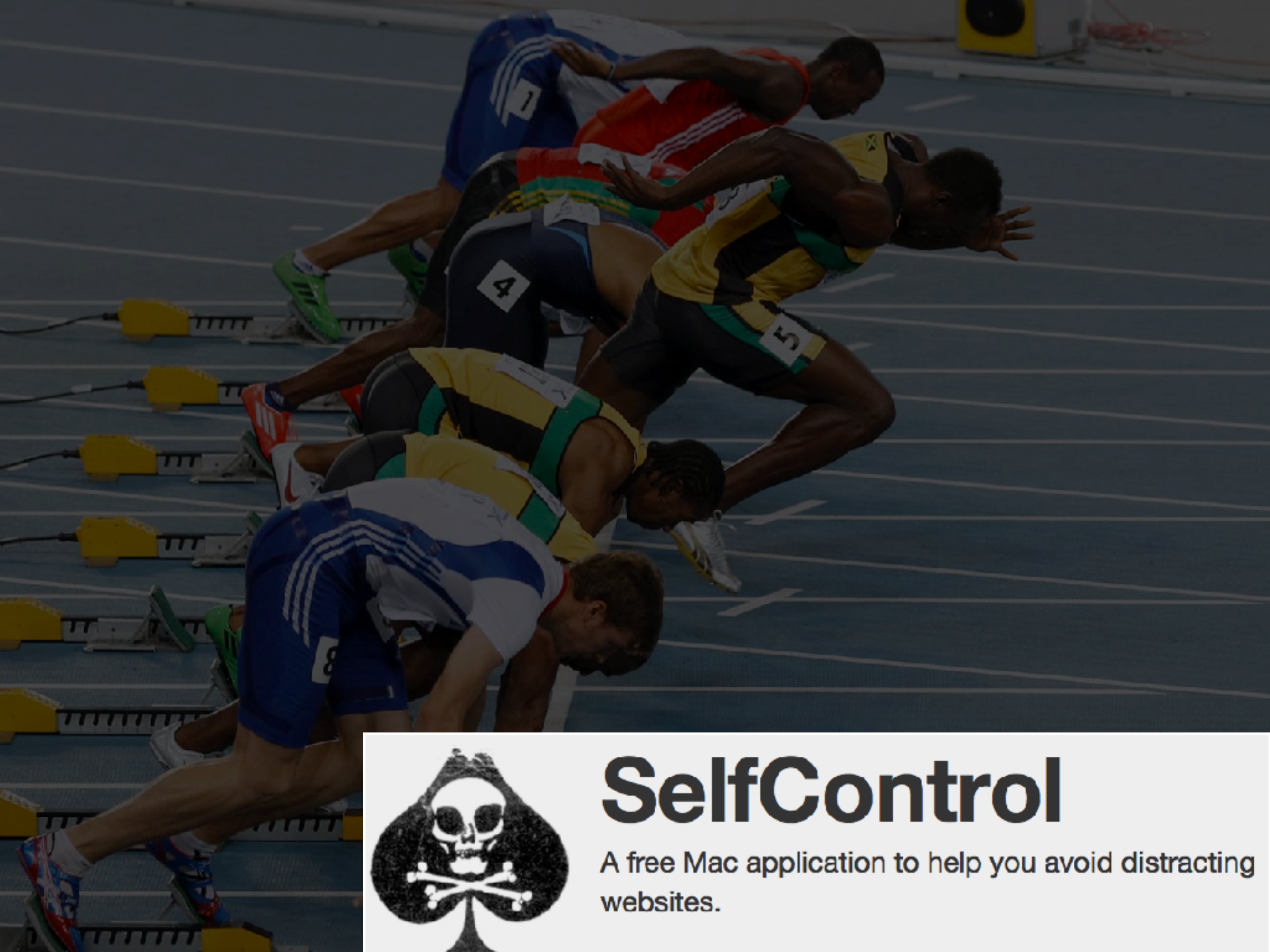


For example: Ask what is popular on YouTube lately?





Introduce the
concept of
work-sprints



SelfControl

A free Mac application to help you avoid distracting websites.

Technology In the Living Room





Thank
you!!