



PANTHER TENNIS CLINIC FOR ISB STUDENTS 2015

(For Intermediate and Advanced Level)

Lead Instructor: Mr. Pracharapol Khamsaman (Axe)

Program Schedule

DAY ONE: Saturday, May 2

8:30 – 9:00 am – Player arrive for introductions and orientation

- Introduction and Orientation
- Fun and Mental warm-up

9:00 – 11:30 am Morning Session Training:

- Point Play and Game Play
- Baseline Consistency
- Lateral Movement
- Cool down and stretching

12:00 – 13:30 Lunch and Fun Games

1:30 – 4:00 pm - Afternoon Session Training:

- 30 min. Warm-up
- Off Courts Physical Conditioning
- On Courts Physical Conditioning
- 30 min. Stretching

DAY TWO: Sunday , MAY 3

9:00 – 11:30 am – Morning Session Training:

- Warm-up
- Special Shot
- Serve and Volley
- Doubles Tactics

12:00 – 13:30 Lunch and Fun Games

1:30 – 4:00 pm – Afternoon Session Training:

- Warm-up
- Approach Shot
- Combination Drills
- Team Competition

Fee: 4,000 baht per player (2 days) / 2,500 baht per player (1 day)

Minimum 12 Players / Maximum 30 Players

The Fee includes:

- Instructor fee: Please see attached instructor's profile
- Lunch (Subway Sandwich & Drink)
- T Shirt

Please register by Thursday, April 30th at <http://goo.gl/forms/2bnuETlt02>

Payment due on Thursday, April 30th at CAO Office (Please note that CAO is closed on Friday 1st May as it's a holiday for classified staff)

Contacts: Coach Noop at noop08@hotmail.com Tel.087-6757826

Khun Bob Connor at bobc@isb.ac.th (CAO Coordinator)

Professional Introduction

Name - Pracharapol Khamsaman (Axe)

Age - 33 Years

A versatile top level ex-player turned tennis coach, Axe has matured with years of hard work & his on ground experience with the best Junior players in Thailand. He is currently an important part of building coaches education system in Thailand and will be working as the Asian Tennis Center Chief Coach for 2015.

Professional Background –

- * Chief Coach & Tennis Program Consultant - Suphanburi Sports School (Current)
- * Works with LTA of Thailand for Thai International Team Travel (2007-Present)
- * Head Coach at The Lawn Tennis Association of Thailand (2007 – 2013)

Educational Background –

- * Bachelors Degree of Physical Education Srinakharintaraviroj University, THA
- * Master's Degree of Physical Education Kasetsart University, THA
- * Studying Doctoral Degree at Valaialongkorn Rajapat University, THA

Tennis Profile –

- * Thai National Tennis Team Member 2001 – 2004
- * Thai Junior National Tennis Team Member 1996 - 2000
- * Asian Juniors Doubles Champion (1998) with Danai Udomchok (Best ATP 77)
- * Highest International Juniors Ranking – Singles - 70 / Doubles - 15 in 1999, Best ATP Singles - 1297 in 2000

Work Expertise - 2013 – 14

- * National Coach for Thailand Fed Cup Team 2014 Asia Oceania Zone, Astana, Kazakhstan
- * National Coach Thailand Fed Cup Team 2014 Play Off World Group II Sweden
- * National Thai Team Coach for Incheon Asian Game 2014, Korea
- * ITF Team Coach for Asian 16&Under Team Tour for Malaysia & Bangkok (4 Weeks)
- * Responsible for developing National Junior Talent in with an eye towards World Team Competitions

2012-13

- * Captain for Thailand Junior Davis Cup Team 2013 Asia Oceania Final Qualifying event (Stood 9th in Korea)
- * Traveling Coach for Thailand Juniors team – ITF Junior tournaments across Asia 2012-13
- * Captain for Thailand Junior Davis Cup Team Asian Oceania Final Qualifying event (finished 5th in Australia)
- * Responsible for developing National Junior Talent in with an eye towards World Team Competitions

2010-11

- * Captain of Thailand Junior Fed Cup Team AO Final Qualifying event (Finished 5th in Kuching)
- * Captain for Thailand "Fed Cup Team - 2010"
- * International Traveling Coach of players enrolled with the Thai National Tennis Program



2008-09

- * Thai National Team Coach for SEA Games in 2009 - LAO
- * Thai Captain for Junior WJT Boys and Girls Team, Finished 5th at Kuching MAS
- * Traveling Coach for Thai players at Grand Slam US Open Juniors Tournament
(Noppawan Lertcheewakarn Doubles Champion 2008) Current WTA 328
- * Travel coach for Thai National Team players for ITF Tournament Asian Championship (B1) India *(Winner Girls Singles Nicha Lertpitaksinchai) Current WTA 356*



2006-07

- * Captain of Thailand Junior Davis Cup Team 2006 - Winner at Asian Oceania JDC event, Kuching Malaysia
(Taruwan Kittipong, Peerakiat Siriluethaiwattana (Best ATP 567), Sorrachet Uayporn)
- * Captain of Thailand Junior Fed Cup 2006 5 Position Bangkok Thailand *(Noppawan, Nicha, Sajjaporn)*
- * Captain of Thailand World Junior Team 2007 – Winner in Asia Oceania Zone New Delhi India
(Luksika Khumkhum Best WTA 87, Napatsakorn Sankaew, Jaruwadee Kaewma)
- * ITF Coach for Asian 14&Under Team travelling to Europe with **Luksika Kumkhum, Napatsakorn Sankaew 2007**
- * National Coach of Thailand during 2007 Sea Games in Thailand
- * Travelling coach for ITF tournament Asian Championship B1 to India *(Winner Girl S, Noppawan Lertcheewakarn Current WTA 356)*

Certifications

- * ITF Level 1 Course 2008
- * GPTCA Level C Course 2008
- * ITF Asian Work Shop 2010 Philippines
- * ITF Professional Coaches Conference 2014
- * ICSC Course by Sports Authority of Thailand 2014



Axe with ATF/ITF 16&Under Team which travelled for four weeks of tournament to Malaysia and Thailand in 2014