

Sports Physiotherapy | Rehabilitation | Strength & Conditioning

ISB Parents / Nichada Community			
Stage	Price	Included	Time
Injury Assessment	Free	Assessment and advice	20-25 Minutes
Physio Rehab	3 Sessions 5000 Baht	<ul style="list-style-type: none"> • Ongoing assessment • Treatment • Detailed Exercise / Strength Program 	45 - 60 minutes per session
Training Consultation	3000 Baht one time fee	6 Week Training Program	60 Minutes

Appointment Times	
Monday - Friday	6pm-8pm
Saturday - Sunday	Dependant on schedule

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Please book appointments via ISB email

Appointments will be held at ISB school - the PE office

All payments to be made at the community activities office (no insurance payments)

Please note: 10-12 clients will be taken on at a time; a waiting list will be set up for when treatment with one client has finished